

Please indicate which skills that you would like to work on this Fall Season.

1. I would like to be able to play the following positions: (rate the importance of this to you with a rate of 1-10 with 1 being the highest priority.)
 - a. Pitching _____ what pitches do you need to work on? _____
 - b. Catching _____
 - c. 1st base _____
 - d. 2nd base _____
 - e. 3rd base _____
 - f. Shortstop _____
 - g. Left field _____
 - h. Centerfield _____
 - i. Right field _____
2. What would you consider your softball strengths? _____

3. What would you consider your softball weaknesses? _____

3. Have you ever done a delayed steal in a game?? _____
4. Have you ever been caught in a run down in a game?? _____
5. Have you ever bunted in a game from the left side of home plate?? _____
6. Have you ever bunted in a game from the right side of home plate?? _____
7. Have you ever slap bunted in a game? _____
8. Have you ever stolen home in a game? _____
9. Have you ever done a "hook slide"? _____
10. What is a strike? _____
11. What is a ball?? _____
12. How many years have you played Fastpitch? _____
13. Describe what skills you would like to improve on during the fall season. _____

