

## 2009 FAST Fall Coaches Duties, Responsibilities and Goals

1. Review and e-mail all players on your roster. Make sure that you talk to a parent or the player to give information. When you e-mail, put the words "Fall Softball" in the subject line. Have them reply to your e-mail that they received your e-mail to confirm that they received yours..... do not assume that they read your e-mail without this confirmation. You may want to follow up with a phone call, but I recommend e-mails whenever possible first. Do **NOT** leave this info on an answering machine or give to a player's sibling. If you are unsuccessful at making contact, call Martin Drain at 419-343-4716 or e-mail me at [Fast2Home@yahoo.com](mailto:Fast2Home@yahoo.com) prior to the first game.
2. Give them the following information:
  - a. Your name, telephone number and e-mail address.
  - b. Your Team name.
  - c. The location and direction of your first game, including field number. You should send them the Medical Release forms, the Player's Goal Form and their schedule. Have them report at 11:30 a.m. for the first day in order to turn in and/or complete the Medical Forms and the Player's Goals Form. Coaches should maintain the Medical Form with them at all games.
  - c. Make sure that you have catcher's equipment, (check with your catchers), batting helmets, bats and balls. Good used balls are sufficient. The league does not furnish equipment. We do have some used balls for your use.
  - d. Tell your players to always be prepared for colder weather. They should bring sweat pants, sweat shirts, maybe a knit hat. The league furnishes team shirts and players may wear whatever else they want.
  - e. In case of rain coaches and players should check the website at [www.fastsoftball.org](http://www.fastsoftball.org). If that is not possible, have them call me at 419-343-4716.
    - a. Remember the rules of the league and the spirit that is intended. The Board of Directors will not tolerate selfish attitudes and actions. The teams belong to the league, not to individual coaches.  
**Coaches should stress team bonding and friendship.**
    - b. Make every attempt to have assistant coaches. If case of a situation of you not being able to attend a game, have your assistant cover your absence or notify the League Director in time to have us find someone to cover. Also, make sure that your assistant has the Medical Release forms.
    - c. Success is measured by what the players have learned through the fall season, not by how many games you have won.
    - d. Encourage players to do things that they are not proficient. If you need help teaching anything, contact the Board of Directors and we will find someone to help out.
    - e. Coaches should teach skills such as: delayed steals, bunts, slap bunts, drag bunts and other game skills and strategies. If coaches do not feel comfortable teaching these skills, please advise Martin Drain who will provide assistance in these areas.
    - f. The League will supply uniform shirts to individual registrations and teams that did not get the team discount. If you have any problems with shirts, please e-mail Martin no later than the following Monday to have it resolved.
    - g. Please review all E-mail addresses and phone number of coaches and players and send any correction to Martin Drain at [Fast2Home@yahoo.com](mailto:Fast2Home@yahoo.com).
    - h. If your team falls below 9 players, the other team shall provide defensive players for you. They may also play offense if necessary.
    - i. Teams may not conduct mandatory practices unless they entered the league as a full team.

Martin Drain

cell—419-343-4716 [Fast2Home@yahoo.com](mailto:Fast2Home@yahoo.com)